



STARTERS

L'Mida Caesar Salad

Lettuce, pulled chicken, tomato, apples, eggs, crispy harissa chickpeas, persillade

Beetroot and orange blossom salad

Orange segments, feta, lettuce, candied walnuts

Burrata & taktouka mechouia

Grilled bell peppers and tomatoes, parsley olive oil

Cheese Briouates

Jeben, preserved lemon, mint, honey, sesame, seeds

Bresaola & roasted fennel

Parmesan, roquette, basilic vinegar, amlou

Vegan humus kawarma

Fragrant cauliflower, parsley, olive oil

Smoked Zaalouk

Eggplant, fresh tomatoes, feta, pistachios and batbout

Moroccan kefta meatballs

Spiced minced meat, piri piri sauce, yoghurt and mint

Lentil croquettes

Preserved lemon scented tomato sauce, small vegetables, crumbled feta and basil

DESSERTS

Carrot cake

Nuts, cinnamon and ras el hanout

Chocolate layer cake

orange jam, chocolate, orange zest

Cookie Monster* (baked for 15 mn)

Warm cookie, Moroccan mint tea chocolate coulis, served with a scoop of ice cream

Moroccan yogurt

Amlou, caramelized nuts, almonds, grapes

Assortiment of ice cream (3 flavor to choose)

A service charge of 6% will be added to your bill

MAINS

90 Dhs

Makhani Beef Tajine

Butter beef, ikama spices, carrot, green beans served with a plain couscous

75 Dhs

Vegetarian pastilla

Chickpeas, scrambled eggs, roasted almond, ras el hangout, onion confit

95 Dhs

Sea bream poke bowl with sweet and sour chermoula sauce

Zucchini noodle, tomatoes, radish, avocado and furikake

75 Dhs

Chicken skewers

Apricot and thyme chicken teriyaki style glaze, sesame seed, and chives, miso and harissa slaw rissolées potatoes

90 Dhs

Pulled mechoui

Lamb shoulder, green beans, lentils, pumpkin, nuts, and yoghurt sauce with mint

75 Dhs

Fish Tajine

Fish of the day, chermoula, potatoes, eggplant, zucchini and cherry tomatoes

70 Dhs

7 vegetables vegan couscous

Saffron and vegetable broth, green couscous with cilantro, mint and pistachios

80 Dhs

L'mida burgers

Spiced beef patty, cinnamon caramelized onions and tomatoes, rissolées potatoes and harissa mayonnaise

75 Dhs

Gnocchi Berber

Beurre noisette and garlic confit, tajine style tomato sauce, soft boiled egg, jben cheese, pangrattato

80 Dhs

Children menu

Mini beef patties, vegetables, rissolées potatoes, ice cream scoop (chocolate or vanilla)

70 Dhs

SIDES

Miso and Harissa slaw

Rissolées potatoes

Green couscous with herbs and pistachios

Vegetables

135 Dhs

95 Dhs

140 Dhs

115 Dhs

145 Dhs

130 Dhs

100 Dhs

120 Dhs

110 Dhs

85 Dhs

30 Dhs

25 Dhs

35 Dhs

30 Dhs

70 Dhs

wifi: Lmida
Password: ladiesfirst
'cause it woMEN 's word ;)

follow us    L'mida marrakech



TEAS AND INFUSIONS

Mint tea	25 Dhs
Verbena	25 Dhs
Spiced tea	30 Dhs
Lemon & fresh ginger tea	30 Dhs
Chai tea	30 Dhs
Iced tea	25 Dhs

COFEE

Ethiopia Moka coffee (sidamo) - Organic and fair-trade <i>Very distinguished coffee, with apricot notes Strength 3,5/5 Trat notes : 3,5/5 Bitter note :3,5/5</i>	30 Dhs
Cafe Laos Bolivien - Organic and fair-trade <i>Aromatic and fruity taste, Tart Strength 2,5/5 Trat notes : 2,5/5 Bitter note :2,5/5</i>	30 Dhs
Grande Réserve - 100% Arabica <i>Voluptuous and elegant coffee, melting different arabicas with a fine aromatic fruity taste Strength 3/5 Trat notes : 3,5/5 Bitter note : 2/5</i>	30 Dhs
Deca Aqua decaffeinated coffee - Organic and fair-trade <i>Soft and natural, water decaffeination slowly remove caffeine without the use of any chlorate solvent or gaz Strength 2,5/5 Trat notes : 2/5 Bitter note : 2,5/5</i>	30 Dhs
Iced coffee	25 Dhs
Spiced coffee	30 Dhs
Nous nous	25 Dhs
Cappuccino	30 Dhs
Hot chocolate	25 Dhs

L'MIDA SIGNATURE MOCKTAILS

L'MIDA <i>Cucumber, lime, cilantro</i>	55 Dhs
MRAHBA <i>Raspberry, basil, lemon juice</i>	55 Dhs
CHREB OU CHOUF <i>Beetroot, orange, raspberry, water</i>	55 Dhs
MARRAKECH PACHO <i>Tomato, cucumber, pepper, garlic, olive; oil, harissa</i>	55 Dhs

FRUIT JUICES

Seasonal fruit juice	40 Dhs
Orange juice	30 Dhs
Minty lemon juice	35 Dhs
Carrot, orange and apple	35 Dhs

MINERAL WATER

Still water 0,5 L	15 Dhs
Still water 1,5 L	30 Dhs
Sparkling water 0,5 L	15 Dhs
Sparkling water 1,5 L	35 Dhs

FIZZY DRINK

Coca Cola	30 Dhs
Coca Cola Zero	30 Dhs
Sprite	30 Dhs
Orangina	35 Dhs
Shweppes lemon	30 Dhs